

King Henry, a mnemonic for remembering unit conversions

Units become larger in size ← → Units become smaller in size

	-	-	King	Henry	Died	Unusually	Drinking	Chocolate	Milk	-	-	-	-	
Mega			kilo	hecta	deka	Unit	deci	centi	milli			micro		nano
M			k	H	D		d	c	m			μ (or mc)		n
eg Mg Mm ML			eg Kilogram Kilometre kilolitre	eg Hectagram Hectametre Hectalitre	eg Dekagram Dekametre Dekalitre	eg gram metre litre	eg decigram decimetr e decilitre	eg centigram centimetre centilitre	eg milligram millimetre millilitre			eg μ g or mcg μ m μ L		eg ng nm nL
1Mg = 1 million grams 1,000,000g		1Kg = 1 thousand grams 1000g	1 Hg = 1 hundred grams 100g	1 Dg = ten grams 10g		1 dg = a tenth of a gram $\frac{1}{10}$ 0.1g	1 cg = a hundredth of a gram $\frac{1}{100}$ 0.01g	1 mg = a thousandth of a gram $\frac{1}{1000}$ 0.001g	1 µg = a millionth of a gram $\frac{1}{1000000}$ 0.0000001g			1 ng = a billionth of a gram $\frac{1}{1000000000}$ 0.000000001g		
						1g 1L	10 dg = 1 g 10 dL = 1L	100 cg = 1 g	1000 mg = 1 g			1 million µg = 1 g		1 Billion ng = 1 g

Remember:

← When converting to the bigger size unit, the less you will have, so divide.

→ When converting to the smaller size unit the more you will have, so multiply.