

INHABITATION

LYING STANDING SITTING
ARCHITECTURE ACCOMMODATING THE BODY

Sitting, standing, lying

- *The spatio-temporal domain*
 - a strong contrast between the spatial configurations involved:
 - a compact shape associated with **sitting**
 - an upright, vertical elongation with **standing**
 - a horizontal elongation in the case of **lying**
 - a strong sense of the extension of a state through time

Sitting, standing, lying

- *The socio-cultural domain*
 - **sitting** is a relatively comfortable position
 - **standing** allows a greater exercise of physical power, vision over a greater distance and is a prerequisite for walking, running etc.
 - **lying** is the least compatible with physical action and is associated with rest, sleep, sickness, and death

“What is architectural space?

Ever been becalmed at sea?
Or caught on a cliff?
Or climbed a wall?

Ever seen the surface of the sea,
And the dome of the sky,
At Once,
Together,
The one because of the other?
Or been on a cliff,
Arms spread,
Palms,
Ankles,
Sides of knees,
Thighs,
Chest,
Cheek,
Pressed against the rock,
With the sky above,
And the sea below?
The space of it,
One with the sound of it,
One with the surface of it.

Ever lain into the sand,
Under the dark of an arm,
And looked out,
Skimming the surface of the sea,
Seeing over the edge of the sea,
Feeling the warmth settling
On the surface of it all.
And your back part of that surface?

Ever leant against a wall?
Ever sat in the lap of a wall?
Ever reclined on another person?
Ever returned the caress of a wall?

Ever seen people in a bus,
Some sitting between walls,
Some sitting between each other?

Ever drawn a circle in the sand,
And stepped inside?
Ever lain in a dip in the ground?
Ever run around a running track?
Ever played cricket?
Ever hit a boundary?

Ever been part of the relationship
Between sea and sky,
Between land and sky?”

Pg 3-4

An Introduction to Architectural
Perception of Form
Dr. J D. Dickson
STUDY PAPER
SCHOOL OF ARCHITECTURE
UNIVERSITY OF AUCKLAND
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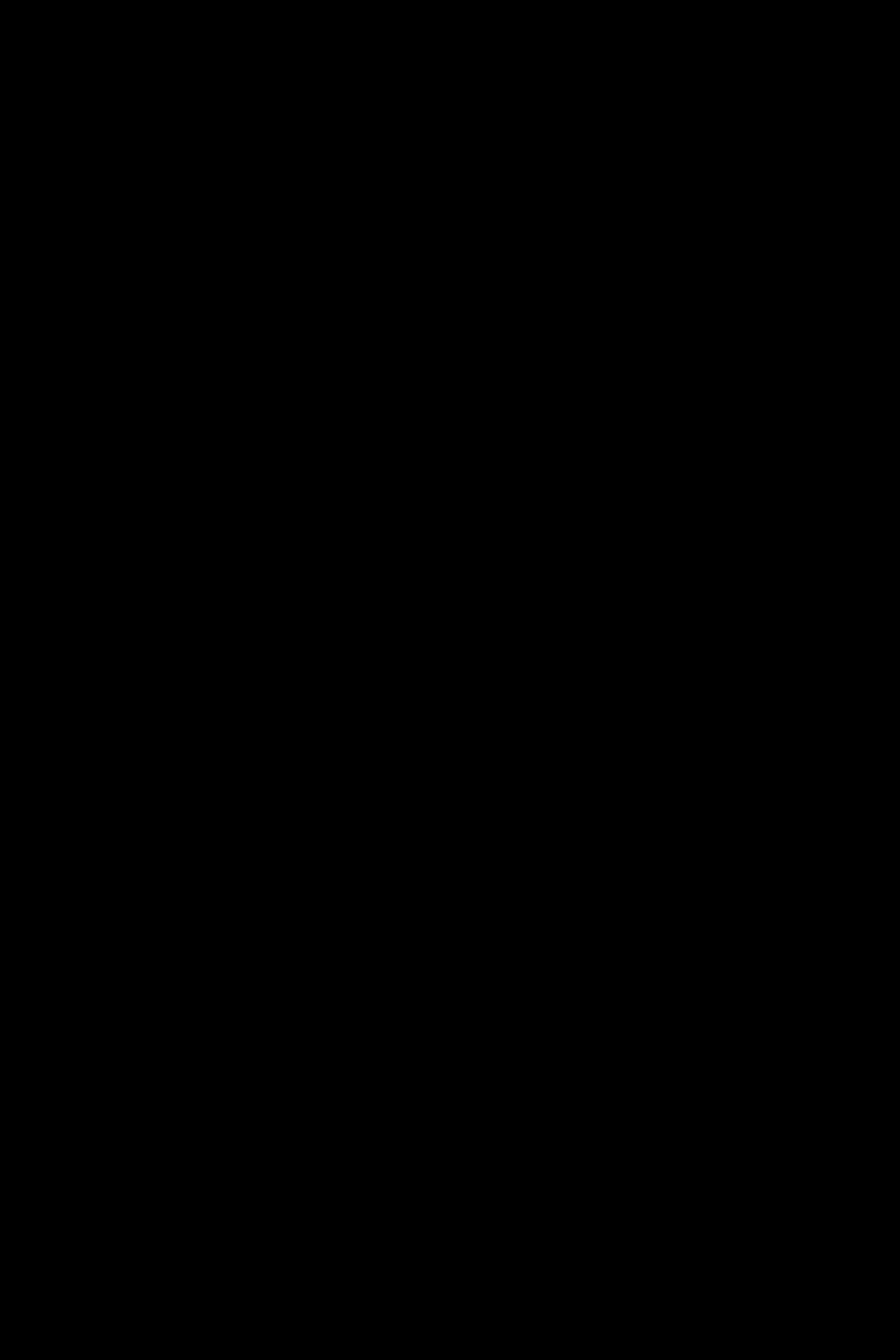


















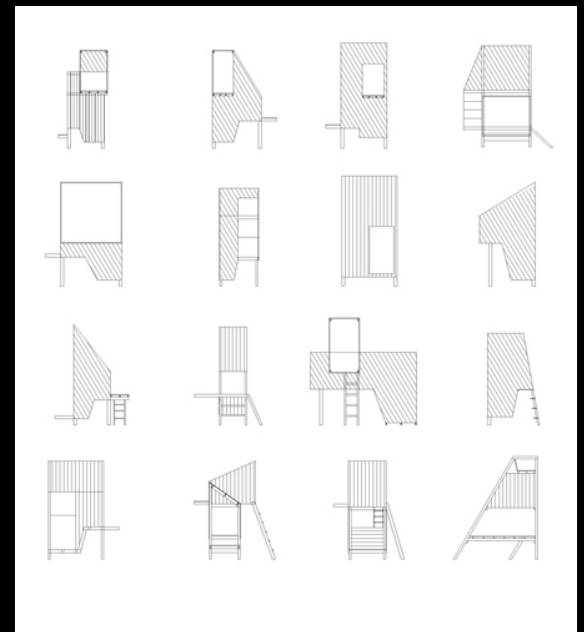


Medical research suggests that too much sitting down can be bad for your health, so [RAAAF](#) and Barbara Visser have developed an experimental office that encourages workers to lean, perch or even lie down (+ slideshow).

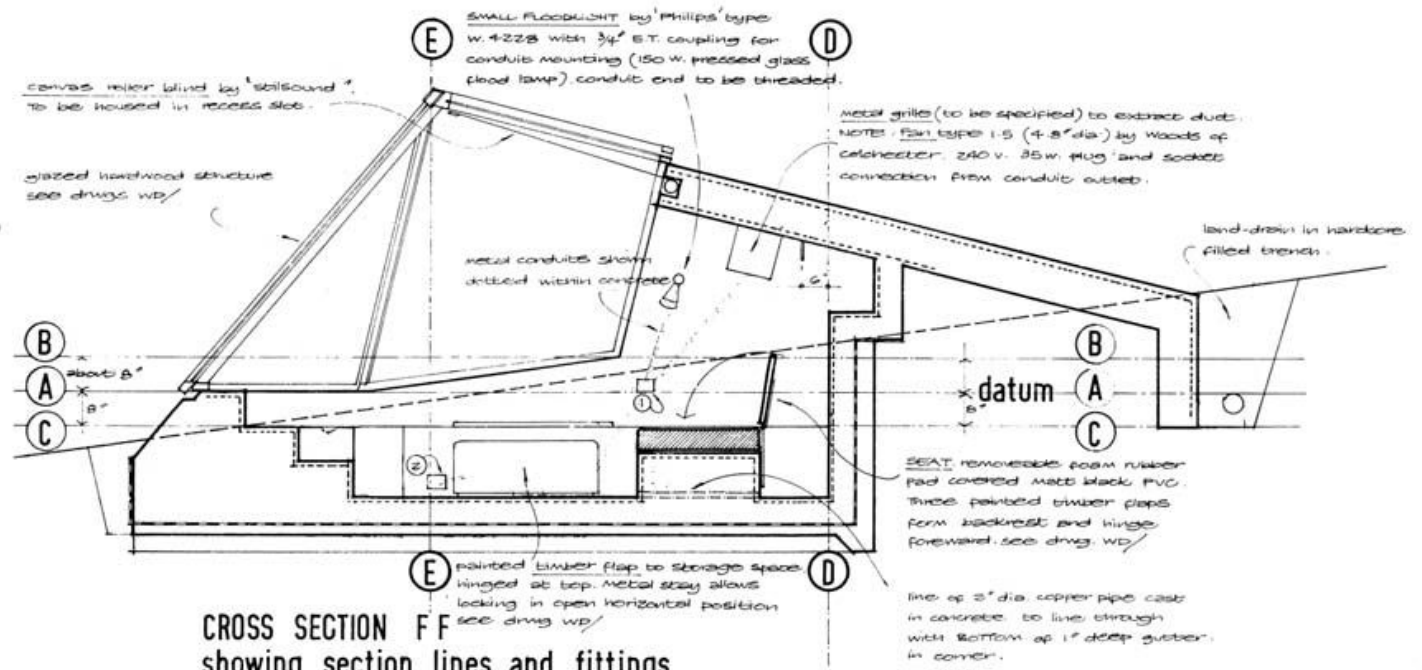
<https://www.dezeen.com/2014/12/01/raaaf-barbara-visser-office-interior-the-end-of-sitting-experimental-work-landscape/>



<https://an-architectural-statement.tumblr.com/post/82022764406/ryanpanos-folly-gerard-de-hoop-a-park>



<https://www.dezeen.com/2009/07/13/xs-architecture-vs-xl-furniture-by-worapong-manupipatpong/>



CROSS SECTION FF
showing section lines and fittings